

Sustainable Farming Assistant Name:

Start Date:

You will be put in an environment that will give you access to the full range of considerations necessary for a small scale farming enterprise.

We would like to use our time on the farm to help you become familiar with all aspects of production and become proficient in the core activities.

You will be taught through practical side-by-side learning. The emphasis is on practical skills. As you spend time at the farm we would like you to work through this list of activities and as you become proficient at each we can tick them off together. Skill level 1-learner 2-confident 3-extraordinaire

Core Skills

Sowing Seeds	Notes	1	2	3
Sowing in modules				
Sowing in seed trays				
Sowing direct				
Broadcast sowing				

Potting Up	Notes	1	2	3
Potting on from modules				
Potting on from seed trays				
Potting on from pots				
Transplanting / planting out				

Continuing plant development	Notes	1	2	3
Plant maintenance				
Plant training				
Basic plant identification				
Proficient weeding				
Disease identification				
Disease control				

Pest identification				
Pest control				

Reaping the Rewards	Notes	1	2	3
Harvesting				
Preparing produce for market				

Broader Themes

	Notes	1	2	3
Plant life cycle				
Crop rotation				
Record keeping				

Soil	Notes	1	2	3
Preparing beds				
Water management				
Weeds management				
Composting				
Green manure				

Knowledge

	Notes	1	2	3
Passing on knowledge				
Teaching those around you				

Sutton Community farm is a 7 acre site with over 4 acres of active cropping. During your time on the farm we will be interacting with over 150 varieties of vegetables. It may not be possible for everybody to sow, plant, tend and harvest every one.